

# Learning for Pleasure



# Prospectus

# Fuengirola

# 2011 - 2012

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Asociación **Learning for Pleasure - Costa del Sol**  
Registro Provincial No. 8340, Sección 1

# U3A FUENGIROLA

Aims to promote activities for learning for pleasure

Open to all English speaking adults of any nationality

It is run by the members, for the members

This prospectus gives details of all groups and where located

Group Leaders are volunteers and we are always pleased to welcome those who wish to share their knowledge and skills

A quick guide to activities is listed on the back page

Look inside to find out more in-depth details of activities and how you can join

**ONLY €25 FOR A FULL TERM – OCTOBER TO MAY**

**€15 FOR A HALF TERM – JANUARY TO MAY**

This fee enables you to join as many groups as there are places in, plus all the monthly lectures

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# Membership Registration

## 27<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> September

### 10.30 – 13.00

FEE FOR FULL TERM OCTOBER 2011 TO MAY 2012 - €25 .

FEE FOR HALF YEAR FROM JANUARY 2012 TO MAY 2012 - €15.

Fees can only be paid in cash; we are unable to accept credit/debit cards or cheques. The fee entitles all members to participate in as many groups as they wish (subject to availability) and to attend all the monthly lectures. (There may be a small additional charge for some groups).

The Information Desk will be open at the Ark Christian Fellowship Hall, Las Rampas, Fuengirola, on the days shown above between 10.30 and 13.00 hours each day. Members who register during this period will be able to go straight to the Ticket Desk on Group Enrolment Day

If you have not registered during this period, the Registration Desk will be open on Group Enrolment Day.

**You must have a membership card before being issued with a ticket for enrolment.**

**Members can register for friends, but can only enrol in groups individually.**  
*(see opposite page)*

Members can register for friends provided that the friend has either signed the application form or that the person registering for them has signed the 'on behalf of' line on the form. The person registering is responsible for ensuring that the friend receives their card.

When selecting your course, please consider carefully your likely commitment in both time and effort before enrolling, particularly in courses demanding a full year's study. If you are unable to continue a course for any reason, please advise the Group Leader ***promptly*** so that others may enrol.

***If you are absent for more than two sessions without notifying the Group Leader you will be deemed to have left the Group.***

**GROUP ENROLMENT** will be on **MONDAY 3<sup>rd</sup> OCTOBER** between 15.45 and 17.15 at the Ark Christian Fellowship Hall, Las Rampas, Fuengirola.

Enrolment is on a first come, first served basis. Please ensure that you bring your Membership Card with you if you have previously registered. On arrival, collect a numbered ticket from the Ticket Desk, this will allow you access to the Enrolment Hall later. **The Membership Registration desk will open at 14.30 for those people who have not already registered and the Ticket Desk will open at 15.00. You must have a valid Membership Card before you can enrol.**

The Enrolment Hall will open at 15.45 when the allocated numbers will be allowed entry into the hall in small groups. **Members will only be allowed to enrol themselves and will not be able to enrol their friends or family.** If you are unable to register by October 3<sup>rd</sup> you will be able to register at the weekly U3A Information desk. (*see page 17*)

A few courses do not start until January 2012. Enrolment for these will take place on **Friday, 6<sup>th</sup> January 2012** and are noted in the prospectus in italics.

**Please also note that a course may be cancelled if it fails to enrol enough members**

**Lux Mundi - (LM)** 3 Calle Nueva, Fuengirola. Opposite Policia Nacional.

**B7-R1** - Building 7, Room 1

**B7-R2** - Building 7, Room 2

**R. Lib.** - Reference Library

**A floorplan for Lux Mundi will be available at the Information Desk.**

**Ark Christian Fellowship Hall - (ACFH)** Las Rampas, Fuengirola. Near the central bus station.

**Other Locations** A number of our courses are held in cafes, and other venues, including Group Leaders homes. Maps showing these locations (**not private residences**) are available on the U3A website ([www.u3acostadelsol.org](http://www.u3acostadelsol.org)).

*Some venues are not suitable for those with restricted mobility. Please check at Registration or Enrolment for information.*

**Cafes are made available to us free of charge. Group members should bear this in mind when using these venues and support the owners who oblige us in this way. In no circumstances should members take their own food and drink to these venues.**

# MONDAY

## **CANASTA (BOLIVIA) CLUB (1)**

Weekly from 10<sup>th</sup> October from 13.45 to 18.00 at Nuevo Oasis Bar, C/Romerla del Roclo 2, L6, Fuengirola

**Tel: Jackie Futcher – 952 662 511**

Max 30

This year we are continuing with the Bolivia version of our very popular card game 'Canasta', a more enjoyable, challenging and exciting game. Any new member who is proficient with normal Canasta or is an experienced card player is very welcome, but tuition will only be given in 'Bolivia techniques'.

## **SCRABBLE (1)**

Weekly from 10<sup>th</sup> October from 14.30 to 17.30 at PYR Hotel, Fuengirola

**Tel: Wendy & Fred Smith – 952 470 151/665 447 388**

Max 16

Refreshments are available to purchase.

## **QUIZ NIGHT**

Monthly from 10<sup>th</sup> October from 20.00 to 21.30 at Nuevo Oasis Bar

**Tel: June & Jeff King - 952 466 839**

# TUESDAY

## **BRIDGE FOR IMPROVERS**

Weekly from 11<sup>th</sup> October from 10.30 to 12.30 at LM, R. Lib

**Tel: Pamela Barnett – 952 883 117/639 440 056**

Primarily for 1<sup>st</sup> and 2<sup>nd</sup> year students and newcomers with some knowledge of ACOL and wishing for improvement. A small weekly charge will be made.

## **BOOK CIRCLE**

Fortnightly from 11<sup>th</sup> October from 11.00 to 12.30 at LM, B7-R2

**Tel: Susan Pemberton – 952 461 613**

Max 15

**Ann Matthews – 952 577 671**

Come and join this lively group. Each session we focus on a different author or genre. This year we will include Scandinavian Crime Writers, Books & Film, Forgotten Authors & Blockbusters. The group rarely shares a common view which can sometimes lead to heated discussions.

## **STUDYING POETRY**

Fortnightly from 18<sup>th</sup> October from 11.00 to 12.30 at LM, B7-R2

**Tel: Mary Havelock – 952 466 738**

Max 10

We shall particularly study the work of 20<sup>th</sup> century poets.

## **WRITERS' CIRCLE**

Fortnightly from 11<sup>th</sup> October from 14.45 to 16.30 at LM, B7-R2

**Tel: Ann Matthews – 952 577 671**

Max 15

**Susan Pemberton – 952 461 613**

Not for complete beginners. Short stories Novels. Plays Non fiction. Exploration of styles and Genres. Sharing and discussing possibilities. Have you a novel in the bottom drawer

## **A MIXED BAG**

Fortnightly from 11<sup>th</sup> October from 14.45 to 16.30 at LM, Ref Lib

**Tel: Geoff Cooke (c/o Catherine Cohen 952 485 018)**

A mixed miscellaneous assortment of talks on everything under the sun! Talks are invited from members.

## **INTRODUCTION TO COMPUTERS AND THE INTERNET**

Weekly from 11<sup>th</sup> October from 14.30 to 15.30 for 5 consecutive weeks. Sessions will be repeated throughout the year as demand requires.

**Tel: Roy Futcher – 952 662 511**

Max 6

This BASIC course is designed for people with little or no knowledge of computers/internet but are very keen to learn. Detailed information/guidance sheets for each week will be provided for a single payment of €1.50. On completion, members will have their own unique 'e-mail' address, be competent to send and receive e-mails and be able to use the World Wide Web and be aware of some computer jargon. Guidance will also be given on buying a new computer. **Please Note:** there will be a charge of €1.00 per hour for the internet connection.

**Venue:**, Fuengirola

## **INTRODUCTION TO MICROSOFT OFFICE**

Weekly from 11<sup>th</sup> October from 16.00 to 17.00 for 7 consecutive weeks. Sessions will be repeated throughout the year as demand requires.

**Tel: Roy Futcher – 952 662 511**

Max 6

This course aims to bring an **EXISTING** computer user, who either has a computer (PC or laptop) or is familiar with one, the opportunity to use and learn some 'Tricks of the Trade' of Microsoft's Office programs including:- **Word – Excel – PowerPoint – Outlook Express – Internet Explorer Widows Explorer – Web 'E-mails'**. Detailed information sheets and course itinerary for each week will be provided for a single payment of €1.50. The course includes some advice on computer security from virus's and spyware

**Venue:** Fuengirola

## **MAH JONG**

Weekly from 11<sup>th</sup> October from 14.00 to 17.30 at Pyr Hotel

**Tel: Keith Day – 95 2467 156**

Max 8

A compelling game that originated in China in the late 19<sup>th</sup> century and has been played in Britain since the early part of the 20<sup>th</sup> century. Easy to learn and a pleasure to play MahJong offers scope for the exercise of skill but involves a significant element of chance. It has evolved into a number of variations, however British Mahjong Association rules apply to the game as played here. There is a one-off charge of €5 for notes.

## **HANDS THAT ROCKED A CRADLE**

*Weekly from 10<sup>th</sup> January to 1st March from 14.40 to 16.00 at LM, R Lib*

Tel: **Kay White - 952 471 197**

Max 30

A glimpse into the lives of some of the extraordinary women whose influence and achievements helped to shape various aspects of our history.

## **DIGITAL PHOTOGRAPHY MADE EASY**

*Fortnightly from 18<sup>th</sup> October from 14.45 to 16.15 at LM,B7-R2*

Tel: **Ray Challinor – 952 446 893**

Max 15

This is a complete photography course for both beginners and enthusiasts. It includes everything from an understanding of cameras to techniques used to produce photos at professional level. The course also involves practical sessions with everything explained in easy to understand terms. Notes are provided online. All you need is your camera!

From January the course will include the use of Adobe Photoshop©

# WEDNESDAY

## **CANASTA (BOLIVIA) CLUB (2)**

Weekly from 12<sup>th</sup> October from 13.45 to 18.00 at Nuevo Oasis Bar

**Tel: Mike & Pam Craven – 952 588 539**

Max 30

Continuing with the Bolivia version of our very popular card game 'Canasta', Wednesday is the second session of the week. This game is much more enjoyable, challenging and exciting! New members who are proficient with normal Canasta or are experienced card players are very welcome. Tuition will be given in 'Bolivia techniques only'.

## **SCIENCE & TECHNOLOGY**

Fortnightly from 19<sup>th</sup> October from 11.00 to 12.30 at LM, R.Lib

**Tel: Ian Phillips – 952 494 172**

This group provides an eclectic mix of talks and subject matter on science and technology subjects. Suggestions and talks from group members are welcomed.

## **SPANISH FOR BEGINNERS 1**

Weekly from 19<sup>th</sup> October from 14.30 to 15.30 at LM, B7-R2

**Tel: Patrick Kersschot – 619 551 703**

Max 15

These classes are for those with little or no knowledge of the language. Application and dedication will be required and we cannot accept students likely to absent themselves for a period of more than one week. Learning is fun but commitment and homework will be required. Absentees for more than 2 weeks without notifying the Group Leader will be deemed to have left. Patrick will be giving out weekly handouts at a cost of €1.50

## **SPANISH FOR BEGINNERS 2**

Weekly from 19<sup>th</sup> October from 15.45 to 16.45 at LM, B7-R2

**Tel: Patrick Kersschot – 619 551 703**

Max 15

This is continuation class for last year's group. Absentees for more than 2 weeks without notifying the Group Leader will be deemed to have left. Patrick will be giving out weekly handouts at a cost of €1.50

## **SPANISH FOR IMPROVERS**

Weekly from 19<sup>th</sup> October from 17.00 to 18:00 at LM, B7-R2

**Tel: Patrick Kersschot – 619 551 703**

Max 15

## **THE 1940s - War and Peace.....and Retribution**

Fortnightly from 26<sup>th</sup> October from 11.00 to 12.30 at LM, R. Lib

**Tel: Catherine Cohen – 952 485 018 c11cohen@gmail.com** Max 30

A series of 10 talks and Documentary film: ranging from Plots against Hitler to the Enigma Code to George Orwell and to include Fashion in the Forties and Film in the Forties and even the Nuremberg Trials. Enjoyable history

## **ART HISTORY**

Fortnightly from 26<sup>th</sup> October from 14.45 to 16.15 at LM, R. Lib

**Tel: Liz Cochrane – 951 311 232**

Max 30

A new day for this extremely popular group  
Art Themes through the Ages: the search for Reality, Development of Landscapes.  
Portraits: Propaganda and Anything but reality.

## **BASIC RELAXATION**

Weekly from 19<sup>th</sup> October from 11.00 to 12.30 at LM, B7-R1

**Tel: Phyllis Vosper – 952 494 314**

Max 15

Relaxation classes will assist those seeking a more positive attitude to life. It is helpful to mind and body. For those wanting to learn the basic techniques to enjoy the benefits of relaxation.

## **DRAMA**

Weekly from 19<sup>th</sup> October from 14.40 to 16.15 at LM, B7-R1

**Tel: Wendy Smith - 952 470 151/ 665 447 388**

Max 15

In the main we will be concentrating on play reading as well as exploring other aspects of theatre.

## **The Psychologists**

Fortnightly from January – LM Ref Lib 14:45 – 16:30

**Tel: Janet Garrett – 952 563 158**

Max 15

In this group we will be looking at eight (or more) psychologists who have made a significant contribution to modern psychology, emphasising those whose theories relate to the development of the whole person

# THURSDAY

## **BRIDGE CLUB**

Fortnightly from 13<sup>th</sup> October from 10.30 to 12.30 at LM, R. Lib

**Tel: Catherine Cohen – 952 485 018 c11cohen@gmail.com** Max 30

## **CLASSICAL MUSIC CONCERTS**

Fortnightly from 20<sup>th</sup> October from 11.30 to 13.00 *LM, R. Lib*

**Tel: Catherine Cohen – 952 485 018 c11cohen@gmail.com** Max 30

All participants are encouraged to offer to arrange programmes.

## **SHORT STORY & ARTICLE WRITING**

Fortnightly from 13<sup>th</sup> October from 11.00 to 12.30 at LM, B7-R2

**Tel: Ann Matthews – 952 577 671** Max 10

Writing articles or short stories for magazines, your grandchildren, or for your own satisfaction. Some good tales have been produced from only 100 words. For those who think they might enjoy the challenge, we will look at entering writing competitions and/or getting published.

## **HEALTH AND YOUR BODY**

*A series of 3 lectures to be held at LM, R. Lib from 11.00-12.30*

**Tel: Pernille Knudtson – 678 253 510**

Jan 20 – Blood: The River of Life; Feb 3 – A Healthy Immune System

Mar 3 – Dementia & Alzheimer's Disease

## **GENEALOGY WORKSHOP**

Fortnightly from 21<sup>st</sup> October from 14:45 to 17.00 at LM, Computer Room

**Tel: Jackie Futcher – 952 662 511** Max 8

The workshop sessions are provided to assist members obtain their family history and/or family tree via the internet. It is recommended that members bring their own laptops so they can create their own family tree on that computer. Bring along all your family information and start a new interest.

## **COMPUTER WORKSHOP**

Fortnightly from 13<sup>th</sup> October from 14:30 to 17.00 at LM, Computer Room

**Tel: Roy Futcher – 952 662 511**

Max 12

For more experienced computer users. Members should have laptop with WiFi

## **TABLE TENNIS**

Weekly from 13<sup>th</sup> October from 10.30 to 12.30 at Las Lagunas Sports Centre, Fuengirola

**Tel: Chris Lee – 620 340 108**

All standards but it's preferable that you have played previously (even if it's a long time ago!). Bring your own bat if you have one, but we do have a few spares.

## **MODERN JIVE**

Weekly from 13<sup>th</sup> October from 14.00 to 15.30 at The Manila Bar, Paseo Maritimo, Los Boliches

**Tel: Tony Godley – 651 842 972**

Max 30

**Judith Summers – 658 646 235**

Why not wake up your week with a potentially lively class learning to dance Modern Jive! You need to be reasonably fit – the ladies will be spinning.

# FRIDAY

## **SPANISH INTERMEDIATE**

Weekly from 14<sup>th</sup> October from 11.00 to 12.30 at LM, B7-R2

**Tel: Fereshteh Rampino – 952 479 783**

Max 15

This class is suitable for those who have attended previous LM classes or who have a reasonable command of the language. It will involve conversation as well as use of Español 2000 Elemental, available at Libreria Teseo, near Avda de Mijas, approximately €19. Lesson 13 onwards will be used in class. Absentees for two weeks, who do not notify the GL, will be deemed to have left and will be replaced by those on the waiting list.

## **TREASURES OF THE WORLD**

Weekly from 25<sup>th</sup> January to 1st March from 11:00 to 12:30 at LM, R Lib

**Tel: Kay White - 952 471 197**

Max 30

A series of DVDs reminding us that our world holds some truly remarkable man-made treasures, and looking at their history

## **PAINTING & DRAWING**

Weekly from 14<sup>th</sup> October from 11.00 to 13.00 at Nuevo Oasis Bar

**Tel: Stuart Allen 952 449 179–**

Max 20

Please note: small charges will be made when photocopying is required.

## **SCRABBLE (2)**

Weekly from 14<sup>th</sup> October from 14.30 to 17.30 at PYR Hotel, Fuengirola

**Tel: Wendy & Fred Smith – 952 470 151/665 447 388**

Max 16

Refreshments are available to purchase.

## **HATHA YOGA**

Weekly from 14<sup>th</sup> October from 11.30 to 13.00. Venue to be advised

**Tel: Jacky Lipson – 952 964 505**

Max 15

Please bring a mat to lay on and wear loose layers of clothing to put on and take off. There will be a small fee per session (to be advised at enrolment).

## **PETANQUE**

Weekly from 14<sup>th</sup> October from 14.30 to 17.00, Plaza Hispanidad (in front of pizza restaurant)

**Tel: Mike & Pam Craven – 952 588 539**

Max 16-20

Also known as 'Boule', this is played outdoors on any reasonable hard surface. We play on a court, free, set up by the local council. The game is played with a metal ball called a boule and a jack made from wood.

## **MOBILE PHONES**

*Dates and Times To be assigned*

**Tel: Ruth Bell – 610 069 988**

Max 6

Know your Mobile Phone in 6 easy weeks. Basic applications through texting, display settings to Sim Card saving. The course will be repeated as demand requires.

# SATURDAY

## **WALKING IN ANDALUCÍA**

Fortnightly from 15<sup>th</sup> October starting at 11.00. The walks will be confirmed on U3A's website, or call for information.

**Tel: Bernie Lipson – 952 964 505**

Pleasant, sociable walking in interesting places. Approximately 3 hours duration. Venues (within reasonable driving distance) vary and details will be posted on the U3A website. Ventas optional! If there is sufficient interest, the group may include one or two walks incorporating an overnight stay.

# SUNDAY

## **SUNDAY COFFEE MORNINGS**

**Tel: Mary Havelock – 952 466 738**

Come and meet members and make new friends at the Primavera Bar, on the Paseo Marítimo, Los Boliches, on Sundays from 11.00 to 13.00.

# Monthly Lectures and A.G.M.

The monthly lectures are held at the Ark Christian Fellowship Hall in Fuengirola. Doors open at 16.00 and the lectures start at 16.30. These are free to members and we welcome guests at a charge of €5.

**Monday, 31<sup>st</sup> October 2011**

**A.G.M. followed by**

**El Greco: *Liz Cochrane***

More than meets the eye

**Monday, 28<sup>th</sup> November 2011**

**A History of London's East End: *Dee Beckett***

A talk on London's immigrants, poverty and the people who became the "Cockneys".

**Monday, 30<sup>th</sup> January 2012**

**Slavery and the Empire: The road to prosperity and reform:**

*Chris Beckett*

The slave trade, the triangle and the development of Victorian Britain

**Monday, 27<sup>th</sup> February 2012**

**Drama Group Play followed at 16:30 by**

**Murder, Mayhem and the English Language: *Dee Beckett***

The extraordinary history of the Oxford English Dictionary. How the Oxford English Dictionary was first compiled and the mysterious character who gave it so many words and definitions.

**Monday, 26<sup>th</sup> March 2012**

**The Indian Mutiny: *Chris Beckett***

The playing fields of Eton, sabres, skirts and missionaries. How the Mutiny erupted, the bravery, the slaughter and the legends that emerged

# Term Dates

**Autumn** - Starts Monday, 10<sup>th</sup> October 2011  
**Spring** - Starts Monday 9<sup>th</sup> January 2012

Lux Mundi is closed for local and national holidays and Semana Santa (2<sup>nd</sup> – 6<sup>th</sup> April) and also in the\* afternoon \*during Christian Unity week in January (details to be given closer to the time). Groups held outside Lux Mundi may continue during this period, your Group Leader will advise you on this.

## Weekly Information Desk

**Tel: Joan Bradley - 952 199 268**

The Information Desk is open on **Fridays between 11.00 and 12.30** at the Ark Christian Fellowship Hall in Las Rampas from 7<sup>th</sup> October to 16<sup>th</sup> December 2011, reopening 6<sup>th</sup> January to 30<sup>th</sup> March 2012.

**Those who were unable to register at the start of term may do so here.**

We also maintain a noticeboard in Lux Mundi Reception (C/Nueva) with items of interest to our members, including weekly news, a copy of this prospectus and forthcoming Monthly Lectures. (Please do not ask Lux Mundi staff on U3A matters).

Art History	Weds	14.45 -16.15	P10
Book Circle	Tues	11.00 -12.30	P6
Bridge for Improvers	Tues	10.30 -12.30	P6
Bridge Club	Thurs	10.30 -12.30	P12
Canasta Club (1)	Mon	13.45 -18.00	P5
Canasta Club (2)	Weds	13.45 -18.00	P9
Classical Music Concerts	Thurs	11.00 -12.30	P13
Coffee Mornings	Sun	11.00 -13.00	P15
Computer Workshop	Thurs	14:45 -17:00	P13
Computers & Internet, Introduction	Tues	14.30 -15.30	P7
Computers, Intro to Microsoft Office	Tues	16.00 -17.00	P7
Drama	Weds	14.40 -16.15	P10
Genealogy Workshop	Thurs	14.45 -17.00	P12
<i>Hands that Rocked a Cradle</i>	<i>Tues</i>	<i>Start January</i>	P8
Hatha Yoga	Fri	11.30 -13.00	P14
<i>Health &amp; Your Body</i>	<i>Thurs</i>	<i>Start January</i>	P12
Mah Jong	Tues	14.00 -17.30	P7
A Mixed Bag	Tues	14.45 -16.30	P6
<i>Mobile Phones</i>	<i>tba</i>	<i>Start January</i>	P15
Modern Jive	Thurs	14.00 -15.30	P13
Painting & Drawing	Fri	11.00 -13.00	p14
Petanque	Fri	14.30 -17.00	p15
Photography – Digital Photography Made Easy	Tues	14.45 -16.15	P8
<i>The Psychologists</i>	<i>Weds</i>	<i>Start January</i>	P11
Quiz Night	Mon	20.00 -21.30	P5
Relaxation, Basic	Weds	11.00 -12.30	P10
Science & Technology	Weds	11.00 -12.30	P9
Scrabble (1)	Mon	14.30 -17.30	P5
Scrabble (2)	Fri	14.30 -17.30	P14
Short Story & Article Writing	Thurs	11.00 -12.30	P12
Spanish Beginners (1)	Weds	14.40 -15.40	P9
Spanish Beginners (2)	Weds	15.50 -16.50	P10
Spanish for Improvers	Weds	17:00 -18:00	P10
Spanish Intermediate	Fri	11.00 -12.30	P14
Studying Poetry	Tues	11.00 -12.30	P6
Table Tennis	Thurs	10.30 -12.30	P13
The 40's - War and Peace ... and Retribution	Weds	11.00 -12.30	P9
<i>Treasures of the World</i>	<i>Fri</i>	<i>Start January</i>	<i>P14</i>
Walking in Andalucía	Sat	Check Website	P15
Writers' Circle	Tues	14.45 -16.15	P6